

Double Bass - Lesson Two

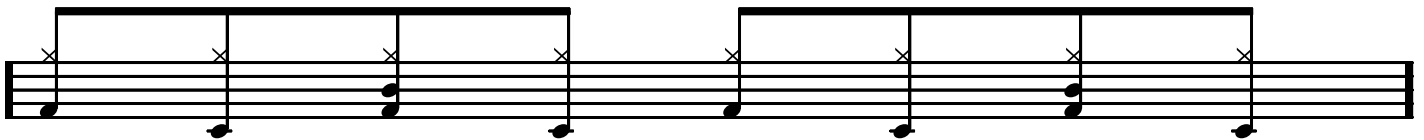
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Here in Double Bass Lesson Two you will learn how to incorporate both pedals into beats that use more components of the drumkit. Although they are fairly simple - it is key that you focus on playing both pedals with even strokes. This was brought up in Lesson One, and is being repeated here just to be sure the message gets across. Playing sloppy strokes with your left foot now may hamper your future playing.

Key things to remember include:

- 1) Practice the beats with a click track to train yourself to play in perfect time.
- 2) Count out loud - one, two, three four - and repeat each beat until you can play it perfectly 3x in a row.
- 2) Start out slow and slowly progress faster. Do not rush to a faster speed right away. Take your time.
- 4) Stay loose and relaxed while you play. Don't forget to breath in and out while you practice
- 5) Have fun and play some of these beats along with your favorite rock tunes.

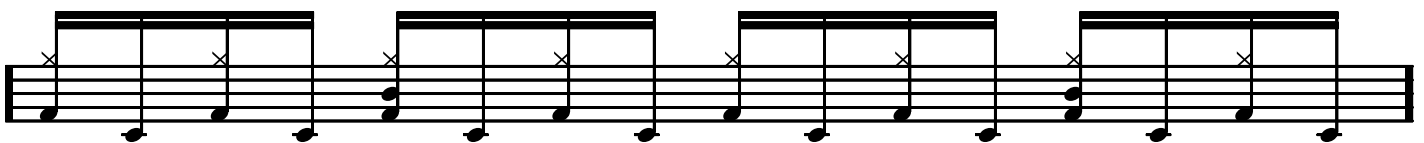
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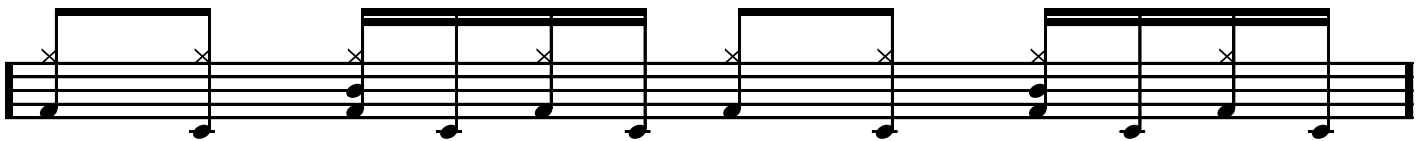
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