

# Drum Fills - Lesson Two

www.BreakSticks.com

This lesson continues where the last one left off. All of the fills are still based on eighth note patterns that are played around the drum kit with alternating single strokes. Remember that while it is best to first master the patterns using your stronger hand to lead - it is also important that you reverse the sticking and practice leading with your weaker hand too.

Key things to remember include:

- 1) Practice the beats with a click track to train yourself to play in perfect time.
- 2) Count out loud - one, two, three four - and repeat each beat until you can play it perfectly 3x in a row.
- 2) Start out slow and slowly progress faster. Do not rush to a faster speed right away. Take your time.
- 4) Stay loose and relaxed while you play. Don't forget to breath in and out while you practice
- 5) Have fun and play some of these beats along with your favorite rock tunes.

