

# Fill Lesson Three

www.BreakSticks.com

This lesson takes what you've learned in the last two, and applies it in the form of sixteenth notes. Depending on the time signature of the beat you are playing - this can make these fills have a very different feel than those in the first two lessons. Be sure you practice these fills along to a click track - transitioning in and out of drum beats of various time signatures.

Key things to remember include:

- 1) Practice the beats with a click track to train yourself to play in perfect time.
- 2) Count out loud - one, two, three four - and repeat each beat until you can play it perfectly 3x in a row.
- 2) Start out slow and slowly progress faster. Do not rush to a faster speed right away. Take your time.
- 4) Stay loose and relaxed while you play. Don't forget to breath in and out while you practice
- 5) Have fun and play some of these beats along with your favorite rock tunes.

1) 2)



3) 4)



5) 6)



7) 8)



9) 10)

