## **Funk Drumming - Lesson One**

www.BreakSticks.com

This lesson is a basic introduction to Funk drumming. The beats are pretty straight forward and are based around hitting the first snare shot on the "a" of the one count (instead of being right on the two count). You might consider getting some funk records to play along with. It can sometimes help to understand where the groove and emphasis sits.

Key things to remember include:

- 1) Practice the beats with a click track to train yourself to play in perfect time.
- 2) Count out loud one, two, three four and repeat each beat until you can play it perfectly 3x in a row.
- 2) Start out slow and slowly progress faster. Do not rush to a faster speed right away. Take your time.
- 4) Stay loose and relaxed while you play. Don't forget to breath in and out while you practice
- 5) Have fun and play some of these beats along with your favorite rock tunes.

