## Jazz Drumming - Lesson One

## www.BreakSticks.com

This lesson will guide you through the basics of Jazz drumming. It starts out with the basic ride and hi-hat foot pattern and goes on to show you how to add the kick and snare patterns over top of it. The grooves are in 4/4 as eighth note triplets counted "one, and, a, two, and, a, three, and, a, four, and, a". However, the feel and flow of the pattern is more like "one... two... a, three... four... a, one" (overlapping on the one to start the repeat).

## Key things to remember include:

- 1) Practice the beats with a click track to train yourself to play in perfect time.
- 2) Count out loud one, two, three four and repeat each beat until you can play it perfectly 3x in a row.
- 2) Start out slow and slowly progress faster. Do not rush to a faster speed right away. Take your time.
- 4) Stay loose and relaxed while you play. Don't forget to breath in and out while you practice
- 5) Have fun and play some of these beats along with your favorite rock tunes.

