

Rock Drumming - Lesson Two

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This lesson takes rock drumming to the next level. All the beats on this pack are counted in 4/4 as eighth notes which should be counted - "one, and, two, and, three, and, four, and". They are all based around kick drum pattern changes to help you create basic kick independence. Master these grooves and you will be well on your way to becoming a solid rock drummer.

Key things to remember include:

- 1 - Practice the beats with a click track to train yourself to play in perfect time.
- 2 - Count out loud and repeat each beat until you can play it perfectly 3x in a row.
- 3 - Start out slow and slowly progress faster. Do not rush to a faster speed right away. Take your time.
- 4 - Stay loose and relaxed while you play. Don't forget to breath in and out while you practice
- 5 - Have fun and play some of these beats along with your favorite rock tunes.

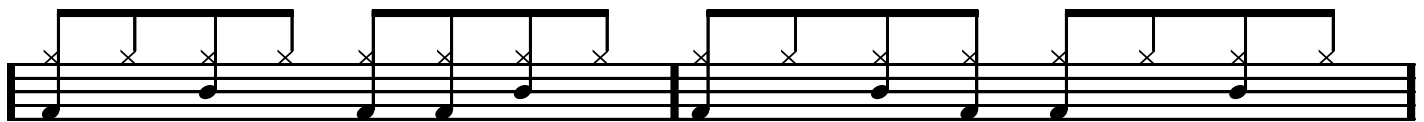
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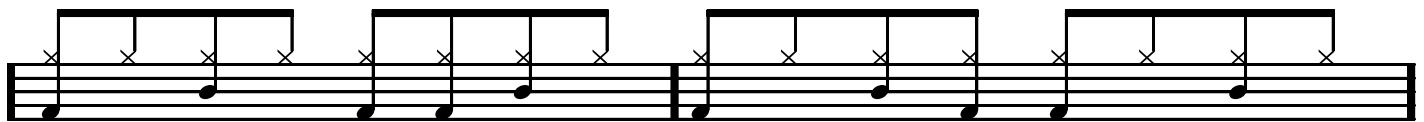
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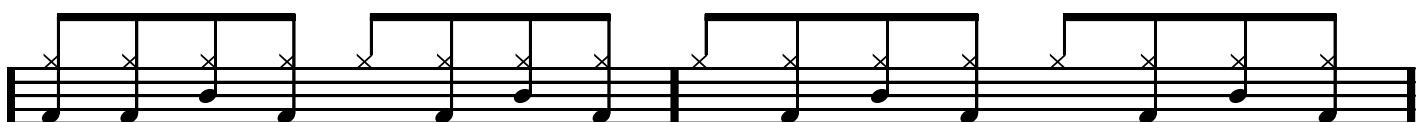
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