## **Rock Drumming - Lesson Five**

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This lesson includes a wide range of beats that are sure to push your drum skills to the next level. As with the last lesson - all the beats in this pack are 4/4 in combinations of eighth and sixteenth notes. Together they are designed to improve you kick foot control and overall independence. These grooves are fairly complex, so be sure you master them one at a time.

Key things to remember include:

- 1) Practice the beats with a click track to train yourself to play in perfect time.
- 2) Count out loud one, two, three four and repeat each beat until you can play it perfectly 3x in a row.
- 2) Start out slow and slowly progress faster. Do not rush to a faster speed right away. Take your time.
- 4) Stay loose and relaxed while you play. Don't forget to breath in and out while you practice
- 5) Have fun and play some of these beats along with your favorite rock tunes.

