

# Single Paradiddle - Lesson One

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This lesson introduces you to playing the single paradiddle in a drum beat format. Most of the beats may appear fairly complex at first, but don't be discouraged. They are all based around the single paradiddle in it's most basic form (r, l, r, r, l, r, l, l...). There are some accents to watch for, but nothing too out of the ordinary. You may find it easier to ignore the accents at first, and incorporate them as you become more comfortable with the beats.

Key things to remember include:

- 1) Practice the beats with a click track to train yourself to play in perfect time.
- 2) Count out loud - one, two, three four - and repeat each beat until you can play it perfectly 3x in a row.
- 2) Start out slow and slowly progress faster. Do not rush to a faster speed right away. Take your time.
- 4) Stay loose and relaxed while you play. Don't forget to breath in and out while you practice
- 5) Have fun and play some of these beats along with your favorite rock tunes.

1) 2)

3) 4)

5) 6)

7) 8)

9) 10)